



# Balance & Harmony 360<sup>2</sup>, Inc.

*Changing the Way People Dream, Plan, Train, and Do!*

## **Melinda Smith Long Bio:**

Melinda Smith, CPO® has a vision that all who seek balance attain balance. When you focus all your energy on work, home life tends to suffer. When you focus all your energy on home, work life tends to suffer. When you give all your energy to someone else, you tend to neglect yourself.

Our training, book kits & services will foster HAPPY employees. Happy employees work harder, are more productive, and become engaged. Companies thrive with happy employees!

Melinda started Balance and Harmony 360<sup>2</sup>, Inc., in 2003 and developed The Complete Guide for Balance & Harmony OWL Kit with a MISSION to create a Global 360<sup>2</sup> Movement. She uses the OWL (Organize With a focus to Liberate) method to help individuals embrace change, be more strategic, address habits, and look at the big picture of work, home, & you.

Working with companies and individuals for over 20 years, she has conducted workshops across the East Coast that included over 60 cities in 19 states with a focus on Strategic Thinking, Teambuilding, Organization, Balance Strategies, Stress Management, and Embracing Change.

Melinda used her BA in Education to teach in the public school system before starting her own business. The creator of The Complete Guide for Balance & Harmony OWL books and kits, Melinda was one of the first two-hundred in the nation to achieve a Certified Professional Organizer status and is a graduate of the Western School of Feng Shui (pronounced Fung Shway). Born and raised in the Midwest, Melinda's home since 2006 has been in North Carolina. She has been married to her high school sweetheart for over twenty-nine years and has two young-adult children that keep her relishing the little things in life.

Learn to Love Going to Work Again! Increase Time with Your Family! Get Things Done! Our process is simple and geared toward the professional. You CAN get your LIFE back in BALANCE!

Join Melinda as she has guided the following industries on their journey for productivity and peace.

- Education
- Legal
- Medical
- Mental Health
- Dental
- Banking
- Non-Profit
- Faith Based
- Real Estate
- Construction
- Mechanical
- Administrative
- Corporate
- Entrepreneurs

**Check us out at [www.balanceharmony.com](http://www.balanceharmony.com)  
and contact us to Book & Balance!**